

### > stewed monkfish tripe

Net weight: 130 g/4,6 oz

Drained weight: 90 g/3,2 oz

Nutritional informations for 100 g

Energy value: 526 Kj

Proteins: 18 g

Fats: 6 g

Carbohydrates: 0,002 g

#### Ingredients:

monkfish tripe, tomato, reggiano parmesan, bacon, marjoram, thyme, rosemary, water, salt.

Keep refrigerated after opening.

We guarantee 3 years of expiration from items' arrival.

#### COUPLINGS

Polenta with monk-fish tripe:

Prepare a little "polenta" with 100 g of wheat flour, 8 g of salt, 800 g of water, ladle polenta into a dish, wait for a few minutes for it to make a little skin, and pour two cans on it, grate some grana padano.



MORENO  
CEDRONI

