

> octopus potatoes & parsley

Net weight: 130 g/4,6 oz

Drained weight: 100 g/3,5 oz

Nutritional informations for 100 g

Energy value: 660 Kj

Proteins: 18 g

Fats: 6 g

Carbohydrates: 0,002 g

Ingredients:

octopus, potatoes, parsley, extravirgin olive oil, vinegar, salt.

Keep refrigerated after opening.

We guarantee 3 years of expiration from items' arrival.

COUPLINGS

Cook and cool 100 g of penne; empty the contents of the can with half of the oil.

