

### > cuttle-fish egg with tomato, ginger and crab

Net weight: 130 g/4,6 oz

Drained weight: 100 g/3,5 oz

#### Nutritional informations for 100 g

Energy value: 242 Kj

Proteins: 18 g

Fats: 6 g

Carbohydrates: 0,002 g

#### Ingredients:

squid egg, ramato tomato, ginger, crabs, garlic, salt, onion.

Keep refrigerated after opening.

We guarantee 3 years of expiration from items' arrival.

#### COUPLINGS

Cook cous-cous in water, with a drop of oil and fluff it with a fork and season it with cuttlefish eggs and their sauce.

